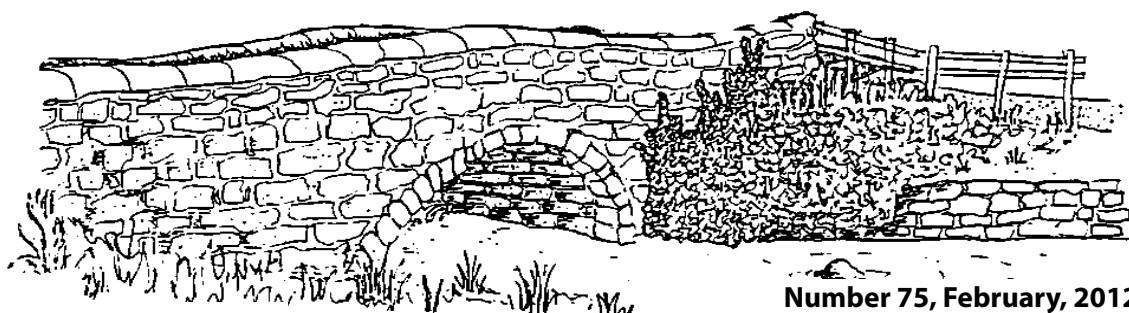


CLAPHAM & DISTRICT NEWSLETTER



Number 75, February, 2012

PARISH COUNCIL NEWS



The bridleway and all-weather route for walkers from Austwick to Clapham under construction

Welcome to the regular Parish Council news where we report on our activities and keep you up to date with Parish Council matters.

The Parish Council learnt just prior to its meeting on 25th January that the planning application for the new classroom and related facilities at Clapham Primary School has been withdrawn. A bat survey carried out at the time of the application indicated evidence of bats. Further investigation and analysis has identified the bat droppings as those of the Soprano Pipistrelle, which is a common species but nevertheless strictly protected and the County Council Ecologist has advised that a further survey – an emergence survey – will be required sometime between mid May and August. Once the emergence survey is completed the appropriate precautions can be drawn up to protect the bats during the construction works, and the planning application will be resubmitted with all the required supporting documentation.

United Utilities have advised the Parish Council that work will start on the pumping station at Clapham Station during the week commencing 27th February 2012. We have continued to monitor the seepage of water from the grass triangle area and the potential for ice to form on the road surface in very cold weather and have asked United Utilities to return to reassess the situation again.

The Little Chef on the A65 was closed almost immediately after the company announced that it proposed to close a number of its restaurants. The site has been secured and left tidy and the Parish Council has written to PT Specialist Retailing Ltd (t/a Little Chef) to seek assurances that the site will be kept tidy and secure and regularly monitored so that it does not become an eyesore.

Demolition work is in evidence at the Mercedes garage site but progress is considerably slower than we were initially told it would be. We are in contact

Continued on page three

L. PRESTON & SONS

Proprietor: IAN PRESTON

**New & Used Car Sales
M.O.T. Testing & Repairs**

**TOWN HEAD GARAGE
AUSTWICK**

Telephone 015242 51391

Mark Watson

Home & Garden Maintenance



ICE and SNOW cleared from driveways and paths, powerwashing, guttering cleared and repaired, paving, planting, hedging, tree felling and surgery, Loft insulating, pointing and rendering. Also flatpack furniture assembled. No job too small, reasonable rates, estimates given.

**07759 680938 • 07759 680943
015242 62038**

Newsholme & Son

(Established 1950)

Electrical Engineers

STATION ROAD, CLAPHAM

Write or phone 015242 51383

Domestic • Agricultural Installations • Security Lighting and Burglar Alarms • Fire Alarm Systems • Additional Electrical Circuits • Faults • Breakdowns • Cooker and Night Store Heater Repairs.

No call-out charges, No VAT, Free estimates

AGE Concern

**Now open Sundays
11am to 4pm**

NORTH CRAVEN

*Advice and information for
older people and their carers*

CHEAPSIDE, SETTLE BD24 9EW

**Tel: 01729 823066
01729 825669**

Registered Charity number: 700054

Thomas Redhead

Solid Fuel & LPG gas supplier

**All grades and sizes of coal,
every available smokeless fuel**

Netted Logs • Kindling • Bottled Gas
all delivered to your door

QUALITY, RELIABILITY & CHOICE

Garden Compost now available

015242 41626 or 41212



WHEILDON'S plumbing & heating

Established 1972

- Boiler installation & Maintenance
- Ground Source Headpumps
- Solar Panels
- Underfloor Heating
- Bespoke Bathrooms



**GREENHEAD OFFICE, OFF CROSS LANE,
LOWER BENTHAM LA2 7ES**

Telephone 015242 62330

ASHFIELD D.I.Y. Ltd.

Full range of DIY products including:

- Timber
- Locks and Key Cutting
- Paint and Paint Mixing
- Curtain Tracks and Poles
- Housewares

Number one for DIY in Settle

**in ASHFIELD CAR PARK
STATION ROAD, SETTLE BD24 9AA
Telephone 01729 823002**

Wenningdale Home Repairs

*Here are some of the property maintenance
and improvement jobs we have completed:*

- Exterior painting
- Interior decorating
- Wallpapering
- Sash windows servicing
- General household repairs

Local, professional and competitive.

Mobile: 07854-596391

Parish Council News – *continued from front page*
with Craven District Council to see if there is a revised timetable for completion of the demolition and levelling of the site.

The public meeting held on 23rd January, 2012 to discuss marking the Queen's Diamond Jubilee was much better attended than the first meeting on 7th November 2011 and the Parish Council would like to thank everyone who came to the meeting for ideas, suggestions and volunteering. The meeting agreed to mark the occasion with an ecumenical church service and picnic with children's games and sports on Sunday, 3rd June to be held in the grounds of Ingleborough Hall. Further information on this will be sent to everyone shortly. Additionally the Parish Council hopes to receive permission to light a Jubilee Beacon at Bowland Knotts and to share with Ingleton the Jubilee Beacon on Ingleborough, both to be lit on 4th June.

We continue to investigate the possibility of natural stone village signs at the east and west entrance to Clapham and to Newby and are very grateful to the YDNPA for their help and advice. We also plan to place a commemorative plaque on the inside right hand face of the Queen Victoria Diamond Jubilee Drinking Fountain, which will be of the same

material and design as that on the inside left hand face which commemorates Queen Victoria's Diamond Jubilee.

At the December meeting the Parish Council were delighted to hear from Steve Hastie of YDNPA that the bridleway and all-weather route for walkers, cyclists and horse riders linking Clapham and Austwick was planned to start in January and many people will now have seen that the work is well underway and at the Parish Council meeting on 24th January we were advised that it should be complete by the end of March.

The Parish Council meets monthly at Clapham Village Hall at 7.30pm on the fourth Tuesday of each month (apart from December which is the third Tuesday). Do come along to a meeting and meet your Councillors and see the lowest tier of local government in action! The Agenda is published the week prior to each meeting and posted on the Clapham, Keasden and Newby notice boards. Matters that you would like to draw to the Parish Council's attention can be raised with any of the Councillors whose contact details are on each of the notice boards, or email the Clerk at clapham.pc.clerk@btinternet.com or telephone on 015242 51703.

Next meeting: Tuesday 28 February

DOWN TO EARTH

RHS Qualified Gardeners

Full maintenance and cost-effective improvements, Design and Planting, Wildflower Introduction, Grass cutting contracts.

All gardens large or small need the 'Down to Earth' approach to gardening.

References available.

**Please contact Joyce on
015242 22584
or mobile 078521 29852**

Knitting Needle Craft Haberdashery Sewing Card Making

Cottontail Crafts

VISIT OUR SHOP and WEBSITE
over 4000 great crafting products

16 Duke Street SETTLE BD24 9DN

www.cottontailcrafts.co.uk

sue@cottontailcrafts.co.uk

01729 822946

A Paradise for Crafters

John Murfin

Plumbing & Heating



- Boilers
- Heating systems & installations
- Gas Safe Registered • LPG
- Bathrooms designed, supplied and installed • Tiling

01729 825833 • 07870 164249

JAMES MARSHALL

Joiner & Carpenter



Established 1988

KEASDEN • CLAPHAM

**Telephone 015242 51687
or Mobile 07813 117814**

GROWING WITH GRACE: A review of 2011: The year the community bought our farm!

It was December 2010 that at Growing With Grace, we officially became a 'community owned co-operative'. In April, we invited everyone who cared about local food to buy shares in our farm and become part owners of our amazing local resource – 2 acres of organically certified glasshouses, and horticulture business. By September, we had raised over £50,000 with new shareholders coming from local communities, as well as from as far away as Romania, and Australia. Thank you to everyone!

2011 was a tough year though, and not just for us. The economic climate meant everyone was keeping their belts tight. Nevertheless the amazing dedication of our staff and committee has meant that we are surviving these difficult times. Everyone here really believes in the importance of securing local food for the region, and is prepared to work incredibly hard to realise this dream.

Things are looking good for our customers though – the greenhouses are producing enormous amounts of delicious local vegetables. Where else can you get a year round supply of local salads & spinach, and seasonal treats like heirloom tomatoes, asparagus, or watercress? We sell to local people via our onsite shop, and via a scheme whereby we deliver bags of veg to community collection points. Our veg bags have never had so much of our just-picked own-crops in, and as a result we have had some very happy customers 'Hurray for Growing With Grace!' one satisfied customer recently wrote to us.

And it's not just local healthy, just picked, vegetables that local people have got from us this year, but experience and knowledge of growing vegetables. We have had a fantastic team of volunteers working hard for us in the glasshouses alongside our professional growers. These are all local people who value the chance to work as part of our team, and learn about growing veg on a commercial scale, or just to get work experience and the feeling of being part of a team.

Education, a key element of Growing With Grace, is a growing part of our business. We have always worked with schools to give local kids fantastic days out here on the farm, but we are now setting up an educational space to improve the facilities on site. Amongst our growers, we have an enormous amount of knowledge that we would like to share, and with the arrival of our beautiful Mongolian Yurt (you have to see it to believe quite how wonderful it is!), we will now have a space from where to run a programme of educational workshops. It will also be available to the local community to hire.

The economic climate may be hard, but we know that the ideas that Growing With Grace is



based on have never been more relevant or popular. Securing sustainable local food for the region is more important than ever. Growing With Grace has always championed sustainability in the region – we are well respected in the organic movement for our green credentials, indeed we are one of the flagships for the new certification of 'climate-friendly food'.

Our unique forest garden under glass, which is a food forest of North Yorkshire peach trees, apricots, cherries, Mediterranean herbs and more, demonstrates using nature's own ideas for maximising food production in a space with minimum effort, and has attracted the attention of the Permaculture Association. We are in the process of becoming an official demonstration site for Permaculture ideas (the word literally means permanent culture, and is rapidly growing and respected school of thought aiming for truly sustainable human populations on this planet).

We want 2012 to be as exciting a year as 2011 for all, and invite you to get involved. Come down and see us – we really are your 'community farm' and want to get everyone involved. You can buy our fantastic local veg, seedlings, or compost, or just have a look around our spectacular greenhouses. We always welcome more volunteers, and keep an eye out for our education programme starting in the spring! If you are really inspired, we are looking for more people to further strengthen our committee and to set the direction of the work here on the farm. If you have about half a day a week to offer, and a commitment to the issues, then get in touch!

Tony Bennett

CHURCH NEWS

The Vicar writes . . .

Psalm 48 v 12 'Walk around Zion'

On the 4th January I arrived in Israel and returned home on the 13th, following one of the most amazing trips of my life, culminating in running the Tiberius (Sea of Galilee) Marathon on the 12th January.

Jerusalem was my first base for four days, the city holy to Judaism, Christianity and Islam and just full of historic and holy sites. Tourists visiting Jerusalem really do journey back through a 'time tunnel' to the enthralling periods in the city's annals. The archaeological sites, synagogues, monasteries, churches, mosques and museums open up its diverse aspects. I walked miles seeing this fascinating city.

My next stay was Nazareth, the site for the Annunciation of Mary and the town where Jesus grew up as a boy. The final three days were spent in Galilee, literally within yards of the Sea of Galilee, an area many would describe as 'the Cradle of Christianity'. The New Testament contains several references to the Lake which is alternatively called the Sea of Tiberius, the Sea of Galilee, Lake Tiberius and the Sea of Gennesaret. No other area in the world is so closely associated with the life and times of Jesus.

Each morning, at dawn, local fisherman cast their nets on the Sea, much as their biblical forebears used to, and I sampled St. Peter's fish in one hotel. I visited the traditional sites of the Multiplication of the Loaves and Fishes, a small chapel marking the

site of Mensa Christi, where Jesus told Peter to 'feed my sheep'. At Capernium, home of the apostles Peter, Andrew, James and John, I saw the towering white limestone pillars of the synagogue. On the hillside above were the ruins of a Byzantine chapel on the Mount of Beatitudes, the place where Jesus preached the Sermon on the Mount.

Finally, on the 12th January, I ran the Tiberius Marathon. It was amazing to run round the lakeside, crossing the Jordan River, the site for baptism. My legs did begin to feel tired but, with God's help, I finished in 3 hours, 54 minutes.

My thanks to all who sponsored my efforts – with Gift Aid I should be close to raising £4,000.

I returned home spiritually uplifted – my Bible really came alive.

Your friend and Vicar, *Ian*

Church Notices

Lent mid-week services will be held each Wednesday at 7.30pm in each of our local churches:

| | |
|---------------|----------|
| 22nd February | Clapham |
| 29th February | Eldroth |
| 7th March | Newby |
| 14th march | Clapham |
| 21st march | Keasden |
| 28th March | Austwick |

Saturday, 4th February – Coffee Morning,
10.00am – 12 noon at the Vicarage, Austwick for
Clapham church funds.



Home Barn Foods

Outside catering for all events

Lucy Knowles

Fiach Cottage, Feizor, Austwick,
via Lancaster LA2 8DF

Telephone:

01729 825626 or 07738 922 524

Quality Decorating
Lime mortar pointing & plastering
Bespoke design & restoration

Ribblesdale
*Heritage
Decorators*
Building on Tradition

Free quotation, contact Justin on **015242 62664**
Mobile **07976 357 560**

Sole to Soul
Holistic Chiropody/Podiatry
and Therapy Centre

Grasmere Drive, Bentham LA2 7JP
tel 015242 63067
www.sole-to-soul.net
email enquiries@sole-to-soul.net

Now offering Medical Herbalism, Naturopathy, EFT,
Counselling, Food Intolerance Testing,
Foot Spa Detox, Homeopathy, Acupuncture,
Alexander Technique, Sound Therapy and more....

As well as Chiropody/Podiatry, Reflexology, Massage
and Healing with Marie Rayner

Ann Stewart Dry Stone Walling

Tel/Fax: 015242 51118

e-mail: ann@eggshell12.demon.co.uk

2 Eggshell Lane, Clapham
via Lancaster, North Yorkshire LA2 8EP



Professional Member Dry Stone Walling Association

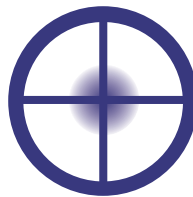
Is **YOUR** home secure?

NEW and instore at **Timberworks now...**

- 🔑 British Standard 5 lever mortice locks
- 🔑 Padlocks & window locks
- 🔑 Bolts, door chains & viewers
- 🔑 Key cutting
- 🔑 Locks keyed alike

Timberworks

Timber and DIY Merchant



**Helping you to
improve your home
safety with expert
lock & security
advice available**

3 Sowarth Industrial Estate, Settle • 01729 825559

www.timberworks1td.co.uk

Bentham Medical Practice

It is important that the **Patient Representative Group** and surgery should work together in these times of NHS changes. The PRG will send a letter to all major health agencies, stating that as a PRG we acknowledge the problems in the NHS, and will support decisions by health agencies during NHS reforms. Copies of this letter will be sent to relevant MPs and the DOH i.e. Andrew Lansley.

The PRG must be seen to work between patients and practice, because its main purpose is to represent patients. If you have concerns please contact us and let us know. Ring Lorraine Crossley (Chairman) on 61700 Prescription ordering is causing some problems. Patients are asked to order prescription's at least 3 days before a prescription is due, and allow 48 hours before expecting to be able to collect it. The order can be made in person, phone at the Surgery and though the answerphone at Ingleton on 42497. Also prescriptions can be ordered online www.benthamsurgery.org.uk once you have registered with the practice. Patients do not need to see a doctor to order a repeat prescription.

The CD player is going to be replaced with a radio in the waiting room. It's hoped waiting will be more pleasant with the radio to listen to.

CLAPHAM VILLAGE HALL

We have special rates for charities and for fundraisers at only £21 per session (5 hours) for the whole hall, and £40 for Private Functions, Parties etc.

.....

Please consider us when planning an event.
**This vital village resource
'NEEDS YOUR SUPPORT'**

.....

Contact KATHY HALL for bookings
on 015242 51232

Above & Below

A local company providing outdoor activities in the area – rock climbing, caving, hill walking, gorge scrambling, abseiling and mountain bike guiding. Groups, families, individuals and training courses catered for – complete novices to advanced skills.



DUNCAN MORRISON

Greenstead, Newby, Clapham LA2 8HR

Tel. 01524 51011

email: info@aboveandbelow.org.uk
Web: www.aboveandbelow.org.uk

Member of AALA • ACI • AMI

BETHEL CHAPEL

Thursday Fellowship meetings at 2.30pm will be held on 16th, 23rd February and 15th March.

Senior Citizens get togethers are held on the first Thursday of each month.

Saturday, 25th February an **Evening of Gospel Music**. Saturday, 10th March at 7.30pm the young people will give a programme of **Songs and Readings**. A supper will follow the meeting. Special services for the young people will be held on Sunday 11th at 11am and 6.30pm. You will be made very welcome at any of these events.

CLAPHAM PLAYPARK

The Park Association welcomes new members able to offer a little of their time to help with managing the playpark, fundraising or anything else to look after the playpark and keep it such a fantastic community resource.

The next meeting is our annual general meeting on Tuesday, 21st February at 7.30pm in the New Inn. We usually meet every couple of months and meetings always finish by 9pm. All are welcome.

If you'd like further information please contact me, otherwise see you on the 21st.

Don Gamble (chair) Clapham Park Association
Tel. 51803

Ashfield House



Dental Practice

Mark Jonathan White BMSc (hons), BDS (hons)

A warm welcome awaits you from our trained and friendly staff. Call in for more information.

Family Dentistry, Orthodontics, Replacement of missing teeth, Dental implants, Cosmetic dentistry, Tooth whitening, orthopaedic jaw and bite problems.

Opening Hours:

Mon, Tue, Wed: 9.00am – 12.30pm, 1.30pm – 5.00pm
Thurs: 1.00pm – 5.00pm, 6.00pm – 9.00pm

66 Main Street, High Bentham Tel. 015242 64813

Kitchens for Life

Kitchen Installations North West Ltd.

German Kitchens by Schuller.

A local family firm with over 15 years experience and our reputation built upon recommendations.

Make an appointment to visit our showroom.

MARK BUTLER L.C.G.I.

Unit 3, Low Mills, Mill Lane,
Low Bentham LA2 7DA
Tel. 63388 or 07831 151839
email: mark@kinw.co.uk



www.kinw.co.uk

AIRE VALLEY *Glass*

Job Done!

Manufacturers & Installers of Top Quality Made-to-Measure:

- ◆ Windows
- ◆ Doors
- ◆ Bespoke Conservatories
- ◆ Roofline
- ◆ Sliding Sash Windows
- ◆ Stable Doors
- ◆ Composite Doors by Rockdoor & Door-Stop International
- ◆ 14 different Woodgrains
- ◆ Farrow & Ball / RAL Chart Colour bonded PVCu
- ◆ Hardwood windows



**A Family-Run
Business Established
Over 25 Years**



Bridge Road, Sutton-in-Craven
Keighley BD20 7ES

01535 634788

airevalleyglass@btconnect.com

Dalesview Business Centre
Old Road, Clapham LA2 8JH

015242 51705

www.airevalleyglass.co.uk



North Yorkshire Police

The national non-emergency number 101 for North Yorkshire Police commenced in December 2011 and will replace the 0845 60 60 24 7 number. While 999 is a well-recognised number used to report emergencies, the 2010 British Crime Survey found that only 54% of the public knew how to contact their local police if they wanted to talk to them about policing, crime or anti-social behaviour.

The introduction of the 101 number will offer the public one easy way to contact their local police force.

The benefits of this new number include:

Calls from landlines and mobile networks cost 15 pence per call, no matter what time of day you call or how long you are on the phone.

101 is available 24 hours a day

When you call 101, you will be able to speak to the force control room via the automated switchboard.

When you call 101, we will act on the information we receive. Calling 101 will not result in your call receiving a lower priority than if you had called 999 about a non-emergency issue.

For those callers who are deaf, hard of hearing or speech impaired, the service can be accessed via textphone on 18001 101

Please do not reply directly to, or report incidents to, the sender of Ringmaster messages as this will incur a delay in dealing with your response.

To report non emergency incidents or to respond to a request for information please call 0845 60 60 24 7 or email force.control@northyorkshire.pnn.police.uk and include your full contact details.

If providing information please quote the related incident reference number detailed in the Ringmaster message.

If you prefer to remain anonymous you can contact Crimestoppers with information. In emergencies always dial 999.

Biodiesel Project

The Clapham Community Co-operative's Biodiesel Project has just allocated over £500 to other Community Groups in Clapham.

We are now into our fifth year of Biodiesel production and our second year of grant allocation. The reasons for setting up the project were to recycle a waste product, produce a low carbon emitting fuel and to make a profit that could be distributed to other worthy causes in the Parish. Our waste oil collection and production is now a smoothly run operation. But more help is always needed. So if you would like to learn how to make biodiesel and help in its production then phone Jim Fox 51063. If you could help out with waste oil collection then phone Ron Wilson 51104. The Grants given this time are:

| | |
|--|------|
| Clapham Baby and Toddlers Group | £300 |
| Clapham Tapestry Group | £120 |
| Clapham Heating Oil Bulk Buy Project (Telephone Expenses) | £100 |

There will be another allocation of small Grants in six months time. If your group has a genuine need for funding then send a letter explaining how much you need and what you will use the money for. Send to Eddie Leggett, Long Barn, Cross Haw Lane, Clapham LA2 8DZ.

Elemental of Ingleton

Your local Fair Trade shop



Now stocking fabulous women's, babies' and children's clothing! All Fair Trade and using organic cotton where possible.

We are renowned for our ever changing range of beautiful and unusual Fair Trade and recycled gifts from around the world.

In addition we stock a wide range of natural skin and body care products, all parabens & SLES free, organic where possible

A very different shopping experience!

Find us at: 8 MAIN STREET, INGLETON

Just off the A65 in the village centre

Open 10.00 – 5.00 six days a week – Closed Mondays

Tel: 015242 42626 sales@elementallife.co.uk

i print SHOP

20 Station Road • Settle
North Yorkshire • BD24 9AA

hello@iprintshop.co.uk

Tel: 01729 823990



*from Camera Memory Cards
or USB sticks, also Slides,
Pictures or Films Scanned
to Memory cards.



NOW WITH
PHOTOBOOTH
SELF-SERVICE
PHOTO
PRINTING

OPENING HOURS

Monday - Friday 9.00am - 5.30pm
Saturday 10.00am - 1.00pm



FREE PARKING AT THE DOOR



RICHARD GRAYSTON

General Handyman – any small job

- * Gardening
- * Wood Cutting
- * Hedge Trimming
- * Painting and Decorating

— Logs by the Load —

Manor House Cottage, Newby Cote
Tel. 015242 51784 • Mobile: 07584 221259

New Local LEISURE CENTRE

STACKSTEADS LEISURE CENTRE
TATTERTHORN LANE, INGLETON

Offering a 15 metre indoor swimming pool
with stunning views of Ingleborough,
a jacuzzi spa, a sauna and gymnasium.

● Limited memberships available ●

For more info phone 015242 41386 or
e-mail enquiries@stacksteadfarm.co.uk
or visit www.stacksteadfarm.co.uk

Clapham Revealed

More about Clapham's past –
the latest research

Saturday, 23rd June
CLAPHAM VILLAGE HALL
from 9.45 a.m. to 5.00 p.m.

Dr. David Johnson:
Setting the Scene

Ken Pearce:
History and Development

James Innerdale:
*Tour of Clapham's Historic
Buildings and Sites*

Also: Clapham in Maps.

Tickets: £12, £10 concessions, which
includes morning coffee, lunch and
afternoon tea.

Places limited, please book in advance
by ringing Yorkshire Dales Millenium
Trust 015242 51002 or
email: info@ydmmt.org.

All proceeds to St. James' Church, Clapham



Robert Pryce

Certified Electrician based in Bentham

Domestic, Commercial,

Test & Inspect Not VAT registered

www.rpryceelectrical.co.uk

robert@rpryceelectrical.co.uk

07816 304220

Potato Project

The Clapham Community Co-operative Sustainability (Potato) Project is approaching its third year of growing half an acre of potatoes thanks to John and Judith Dawson of Bleak Bank Farm who loan us the land. We grow Duke of York (Earlies): Lady Balfour (Early Main Crop) and Kondor (a red Main crop). We are also helped by Dave Burns of Meldingscale Farm who ploughs and harrows the land for us. Plus a group of keen volunteers who do the planting and harvesting.

Our annual crop size increases each year as our knowledge and skills improve. Around one metric ton has been produced for each of the two years but with the second year using 25% less seed potatoes. This year we have reduced the number of seed potatoes yet again and hope to still maintain our output.

One problem we constantly face is planting and harvesting our crop with sufficient speed to maximise our efforts. More participants would be very welcome. It is a great group exercise with lots of support and always fun (and potatoes for supper).

If you would like to join us contact Eddie Leggett 51030.

Obituary

Flt.Lt. John Mason D.F.C.

1922–2011

John died at his home in Newcastle-under-Lyme, aged 89 years, on 22nd November, 2011. He formerly lived at Smithy Cottage, Clapham. He attended Clapham Primary School and gained a scholarship to Lancaster Royal Grammar School. After leaving school he was employed by Martins Bank (now Barclays) in Settle, travelling to work on his bicycle.

Early in the Second World War he joined the Royal Air Force and volunteered to serve as a navigator in the Bomber Command. Part of his training was carried out in Canada. He completed a full tour of thirty operational missions during which time he was awarded the Distinguished Flying Cross.

On leaving the R A F he returned to Clapham and completed his banking examinations. He was then transferred to the Nottingham branch and then into the Potteries where he remained for the rest of his career. He married Susan Moor formerly of Bowsber Farm. Susan predeceased him in 2000. He is survived by his daughter Joan, son-in law Howard, grandchildren Paul and Helen and brother Eric.

Saving lives above and below ground

Help the Local Rescuers

Phil James

The Cave Rescue Organisation is your local Cave AND Mountain Rescue team. Despite our name, which reflects the CRO's proud beginnings, most of our rescues occur on the mountains and fells, rather than under them. The CRO is staffed by local volunteers, and relies entirely on voluntary contributions to keep running. A large part of CRO's annual income is from the Broughton Game Show, which we organise jointly with Upper Wharfedale Fell Rescue Team. This year, however, we have had to cancel the show, as the Olympic torch comes to Skipton on the same day. Needless to say, this will significantly reduce our funds for this year.

One small way in which you could help to raise funds for CRO is by recycling your used ink cartridges, via our recycling website. Browse to <http://cro.ink2cash.co.uk>.

You will see a list of the cartridges we can accept on this page. From this site you can print a freepost label and use any used envelope to send off your cartridges. Although we can't accept all cartridges, if you have some of those listed, we can make up to £2 per cartridge recycled. Full instructions and the freepost labels are available from the above site!

Please bookmark <http://cro.ink2cash.co.uk> in your web browser, and share this link with all your contacts, so they can raise funds for us too.

We have also set-up a new text giving service, where you can make a donation to CRO just by sending a text to 70070. Just add CAVE11 plus the amount in pounds you wish to donate (i.e. CAVE11 £5).

If you would like to know more about CRO, visit our team website at www.cro.org.uk



**growing
with grace**

FRESH, LOCAL ORGANIC FRUIT & VEGETABLES

available from our Farm Shop and at
delivery points (Clapham Village Store)

New 'Bags of GOLD'

**– a weekly bag of vegetables/salad
from £8.00 or fruit from £7.00.**

Visit . . . www.growingwithgrace.org.uk
or ring 015242 51723

Open 7 days a week from 10.30am to 4.30pm

Village people . . .

Some older people in the village who have led quiet, law abiding lives may not know Les and Angela Moorhouse. Those who are involved with the Early Years Group or the Park Committee will certainly know them as will those of all ages who are involved in violent crime, skinny dipping in the beck, sheep rustling or drug dealing because Les and Angela are both in the police force and, in their spare time, both make a very positive contribution to village life, especially where children are concerned.

Angela, the youngest of three children, was born in Sunderland in 1970 where her parents worked in a factory. They had little money but she enjoyed her childhood. She excelled at school where she collected O levels and A levels by the bucket load at a comprehensive school in Gateshead. It must have been a testing time in more ways than one because she was a Mackem in a school full of Geordies. For those who know little of tribal loyalties in the North East I should explain that a Mackem is someone born in Sunderland whereas a Geordie comes from Newcastle or Gateshead and there is fierce rivalry

between the two, so it was an ideal grounding for later life on the front line in the police.

Angela went to Staffordshire University where she studied International Relations and German. It was particularly hard work because she had no money and so she had numerous jobs as a waitress in bars and restaurants to pay her way. She had no idea what she wanted to do when she left but her brother suggested a police career because he had entered the force when he left university. She decided to give it a go despite firm opposition from her mother. 'It's not a job for a woman,' she declared. However, Angela applied to several forces and was accepted by West Yorkshire after passing various written and physical tests.

She began police life on foot patrol on her own in the Manningham district of Bradford, an area notorious for high levels of street crime, including robbery and drug dealing. She came into daily contact with the vice girls in the district and saw at first hand the wretched lives they led. It was lonely and emotionally exhausting but she says she was too young and daft to know how frightened she should have been, although the Bradford riots later made the dangers all too apparent. Once she had proved herself, the older officers in cars or vans would provide her with temporary shelter so that she could drip dry or recover from frostbite. She really enjoyed the camaraderie, particularly when she met PC Moorhouse.

Les, the eldest of three children, was born in May 1968 in East Bierley, a village near Cleckheaton, which still had its own stocks although sadly he was not allowed to use them professionally. He enjoyed his childhood but unfortunately his parents separated when he was a teenager. His mum went to live in Holland so he only saw her periodically after that time. Les liked school and excelled at craft and design thus suggesting that he had inherited some of his skills and interests from his father who was an architect. He left school after collecting his A levels and applied to join the police force because his interest in the job had been kindled by his great uncle who was an inspector in Lancaster. There was a long waiting list so in the meantime he worked for Asda where he was promoted to supervisor. When his name came to the top of the list he joined West Yorkshire Police and was soon sent to the national police training school where he enjoyed the delights of square bashing and regular rigorous kit inspections. He began foot patrol in the Armley area of Leeds and enjoyed the work, especially when the opportunity for



'No job for a woman!'

traffic work arose. His work took him to such places as Chapeltown and to Huddersfield when there were riots. He was in Pudsey and then Manningham when Angela joined the shift as a new recruit. It was not love at first sight. They did not elope to Gretna Green in a black maria at the end of their first shift together but they came to know each other as colleagues. However, when they did start dating in February 1995 they wasted little time. They became engaged in April and were married on Angela's 25th birthday in September of that year. It came as a complete shock to some of their colleagues who did not even know they were going out together.

Their first home was a cottage in Micklethwaite and from there they often came to Clapham in their spare time to go walking. Les had spent a week at Ingleborough Hall when he was 13 and recalls going down Long Churn Pot with David Crutchley. Their enjoyment of this area resulted in simultaneous successful applications for transfers and Angela was posted to Settle whilst Les came to Ingleton. However the delights of our area were offset by the pain of commuting daily from Micklethwaite so they were overjoyed when they got the chance to rent the police house in Clapham and later, to buy it. Like many people who come here after living for years in cities they experienced a massive culture shock on arrival. Angela recalls driving past some children on her first day and they waved to her. She wound down the window to reprimand them for their cheek only to discover that they were waving in friendliness not mockery. In his previous post Les had arrested 148 people in his final year. When he came here it was six months before he made his first arrest. They had to learn a different style of policing because in a city they could call for immediate back up whereas here they were on their own and realised that the skills of persuasion and negotiation were vital.

In 1999 Angela joined the CID in Harrogate and Les returned to traffic duties, based in Skipton but covering a vast area. Angela's detective work was fascinating but demanding and her investigations of murder cases and other serious crimes took her all over the country. She received a commendation from the Chief Constable for one particularly tricky case but before she could become as famous as Miss Marple her work was temporarily interrupted by the arrival of their first child, Erin. Meanwhile, Les was promoted to sergeant and became a senior investigating officer of road deaths in his area which covered Skipton, Harrogate, Richmond and the AI.

It was important, serious but sad work and some of it must have been exceptionally harrowing such as the accident in which a drunk driver killed four people in another car: both parents, their child and their baby, leaving one other child as a survivor. Les received a commendation for his investigative work in connection with that incident. He continued as a traffic sergeant until 2010 and had to deal with 70 fatal accidents during his time in that role before switching to become a sergeant in Settle, with responsibilities later extended to include Grassington.

Angela returned to the CID after five months maternity leave but it was exhausting trying to organise child care to fit in with shift work. In 2005 their son Riley was born and on the same day Angela received a phone call from the personnel department to offer congratulations, not for giving birth but to announce that she had been promoted to sergeant. In 2007 a return to life as a uniformed sergeant based in Ingleton made life a little easier than being in the CID and later she moved to Skipton.

They love their life in Clapham, as everyone says they do when I interview them and rightly so because we are all lucky to be here. They felt it took a while for them to be accepted but the arrival of a dog and children gave them a passport to the network of village life. In six years time Les will be eligible for retirement and he wonders what he will do then so he is open to offers to keep him busy. We certainly don't want him hanging around street corners and being arrested by his successor. A year or two after that Erin will be contemplating what she wants to do as an adult. If she considers a police career Angela will echo the words of her own mother: 'It's not a job for a woman!'

Stuart Marshall

CROOKLANDS

Rural 4 Star Silver B&B
Old Road, Clapham
Tel: 015242 51813



17th Century former farmhouse with peaceful south facing views over Bowland. One double room and one double/or twin room, both en-suite.

Hearty breakfasts from locally sourced ingredients.

Ideal for walkers, cyclists and tourists

www.crooklandsclapham.co.uk

Looking Well News – Bentham

Raw – An exhibition about recognition, illness and joy

We are delighted to announce the opening of a new exhibition entitled 'Raw'. The exhibition will be on show from Friday, 2nd March and will be open to view every Tuesday and Friday 2.00 – 4.00pm until 30th March (except Tuesday, 6th March)

Artist, Andy Wild, says of his work, "I want to share my journey with painting; from my first painting of a bird, to where I find myself now. It is a visual journey of how you can express your life in paint – from how you see things to how you feel about things. We can all do it, you just have to let go."

Coffee and Crafts at Café IN – Wednesdays 11.30 – 12.30 until the end of March. Series of new 1 hour craft taster workshops.

Activities for February: Nature Collage, Weaving with re-cycled Materials, Felt Badges, Fabric painted wall hanging.

Here is a quote from someone who attended in January – "As a newcomer to art, I found the art class at the Looking Well Studios to be thoroughly worthwhile and enjoyable. The atmosphere was friendly and relaxing. I shall certainly look forward to attending next time".

'Sleeves Up' is a group of volunteers at the Looking Well who organise volunteer-led activities to support Pioneer Projects. The group have organised this month:

Feeling good – Friday, 3rd February 1.30 – 3.15pm. Try out enjoyable ways of relaxing and feeling good.

Friday Night at King Street – "Bringing Home the Olives", 24th February from 7.30 to 9.30pm as part of the Friday Night at King Street series, a talk by



**Grass Cutting
Garden Maintenance**

**Hedge Laying
Walling & Fencing**

Tel: 07742 727664

J. HARTLEY & SONS

Office: 015242 41298

**Hard Landscaping
Mini Digger**

**Logs & Firewood
Any Odd Jobs**

Annie Neligan on her experiences in Palestine.

For more details of activities and groups, please pop in to Café IN on Wednesdays, see Diary Listings, telephone Julie 015242 62672 or email julie@pioneerprojects.org.uk.

New faces always welcome.

Julie Vass

Meals on Wheels Service

The meals on wheels service has been operational in Austwick and Clapham for over 40 years. It provides a hot nutritious and tasty meal two days a week which is delivered into the recipient's home by local volunteers. The service is crucial to anyone who is unable to prepare their own meals, or to someone recovering from a period of ill health.

Individuals can choose to have one or two meals a week and can have the meals on a long or short-term basis. The meals are excellent value at £3.50 for main and sweet, or just £ 2.70 for a main course. We can cater for vegetarian and diabetic needs. If you would like to arrange a trial please ring Mrs Doris Child on 015242 51555 or Age UK in Settle on 01729 823066.

Clapham village store to close!

Nightmare or reality? In these difficult economic times I've been thinking what would I lose if the shop went? My initial thoughts . . .

Fresh warm bread from Pearsons every morning (in France they'd be queuing round the block for this) and daily pies.

The best BLT's and other freshly made rolls in minutes. Locally made cakes, biscuits, jam and chutney.

Shopping without the need for a list, endless search-ing up and down aisles and spending more than I intended to!

Daily national and weekly local newspapers.

Drawing cash and paying bills.

Buying stamps and posting stuff to far flung family.

Cards – no more 'sorry I missed your birthday' messages.

Catching up on village news and meeting neighbours.

Collecting prescriptions and having dry cleaning done – freely offered services.

Not running out of basic household stuff – loo roll, soap, baked beans etc.

An estimated 10% off the value of my house – ouch!

Buying tickets for village events.

So, the shop is a really convenient place to buy stuff, gives me a reason to be in the village, keeps me in touch with community life AND benefits me financially too by adding value to my home . . .

Thank you, Terry and Sonya and congratulations on your engagement.

Sue in Keasden



Baby & Toddler Group

Clapham Baby & Toddler Group would like to thank everyone who donated cakes and visited the Indoor Carboot on 28th January. We raised £527.18 with £139.10 on refreshments alone, we had a few cakes left over so we have frozen them and intend on enjoying them on a Tuesday when the Baby & Toddler Group meet. We set a target of £1000 for this year and we have now achieved this and therefore plan to continue fundraising in order to raise some pennies for some lovely new toys.

Our group runs on a Tuesday morning between 9.15 and 11am and always welcome new visitors.

Once again Thank You for your continued support and we hope this continues throughout 2012!

We would also like to thank everyone for their kind baking donations for our cake stand at the entrance of the Nature Trail just before Christmas. Over the weekend we raised a massive £299.08 and will be looking at doing the same this year.

From all at Clapham Baby & Toddler Group



Function Room Hire

Our Clubhouse Lounge, with its beautiful views of Ingleborough and the surrounding hills, has a full licensed bar and offers a full bar-snack menu as well as daily specials. The lounge can be used as a function room with seating for up to 80 guests, with catering to suit your requirements. The Clubhouse Lounge is ideal for:

Golfing Parties • Private Functions • Birthdays • Christenings • Parties • Funerals

Feel free to contact us for a no obligation quote, stating any special requirements you may have. We will always be happy to help.

Wednesday Whack and Thursday Thrash

Play golf as a visitor on any Wednesday or Thursday and get:

Bacon Sandwich & Tea/Coffee

18 Holes of Golf

Only £23.50 per player.

Bookings must be made 24 hours in advance and paid for in full.

See website for full terms and conditions.

Monday Madness

**Play 18 holes of Golf on
a Monday for only
£12.50 per player**

2011 Full golf membership £475

Sunday Lunches available on Selected Sundays
throughout the year.

See website for more information.

Bentham Golf Club
Nr. Lancaster
LA2 7AG
golf@benthamgolfclub.co.uk
www.benthamgolfclub.co.uk

**Why not visit our webcam at
www.benthamgolfclub.co.uk**

Traditional building repairs

WENNINGDALES

We specialise in:

- Lime pointing & plastering
- Lime wash
- Sash window repairs



✿ TEL: 07884 499832 ✿

Bentham Physiotherapy Clinic

For Professional, Effective, Chartered
Physiotherapy for all your musculoskeletal
and Women's Health Problems

Phone 015242 62216

www.benthamphysio.co.uk

PHOTOGRAPHY

*portraits • groups • occasions
events • documentary • PR
advertising • leaflets • brochures
community arts projects*

*"natural rapport and empathy
makes a photo-shoot fun and creative"*

*Lawkland 01729 824537
www.veronicasgallery.co.uk*

Veronica Caperon LRPS



**Do you need transport to get
to appointments or go
shopping? Give us a call**

015242 62753

NEW LOCAL LEISURE CENTRE

A stunning new leisure centre is coming to Ingleton. Steve and Wendy Moorhouse of Stackstead Farm, Tatterthorn Lane, are building the leisure centre to compliment their existing caravan site/bunk barn business. The good news is that they will be offering memberships to local people.

The facilities will include a 15 metre indoor swimming pool, which will have panoramic views of Ingleborough. A small fitness centre with seven work stations. A Jacuzzi spa and a sauna.

The leisure centre opening times will be: 8am to 8pm Monday to Friday. 9am to 6pm Saturday and 10am to 4pm Sunday.

The location of the Leisure centre is only one mile from the centre of Ingleton, which means there will be a lot less travelling for people from all around the area, including Bentham, Clapham and Burton, who want to keep fit or just have a leisurely swim. Although the leisure centre will not be opening until March, they are already taking on members.

However, memberships will be limited to avoid overcrowding and to keep the facilities exclusive. Midweek membership is currently available at just £300 per year. Full membership is £400 per year. They are also offering a special limited offer of lifetime membership.

For more information or to request a membership form telephone 015242 41386 or e-mail enquiries@stacksteadfarm.co.uk. Or visit their website: www.stacksteadfarm.co.uk.

School News

The Friends of Clapham School would like to thank all those who supported the Quiz Night on 27th January.

The night was a great success. Many thanks must go to Stuart and Barbara for all their hard work.

After an evening of exercising the grey matter The Old Bradfordians claimed pole position over 21 other teams, congratulations to them! A magnificent total of £440 was raised for School funds.

North Yorkshire Police

Metal Thefts – Crimewise we have had a fairly steady time with crime matching last year and no significant increases despite last year's weather suppressing the overall figures.

One area where we have been relatively untouched until late is the removal of metals and on Friday evening (20th) thieves broke into the tip on the A59 and stole 2 skips worth £5000 each and another one from Airedale Business Park also valued the same. This could only be stolen with the use of large plant

either a bespoke Skip lorry or a HGV flat trailer. Also we have seen the removal of a broken dishwasher from a back yard. This shows that we still have the thieves driving around looking for opportunities and just at the moment metals are the best way of making quick money and in some cases it is very organised. Please report anything suspicious to us we have taken two of the cops off normal patrol and they just follow up on any suspicious reports. This is paying off in regards to identification of villains and deterring them from coming back.

Geoff Crocker, Inspector

Mike Barron

Kitchen and Cabinet Maker

**Bespoke and hand-crafted furniture
made to your specification.**

Tel. 015242 62284 or 07799 067 315

e-mail: m.n.barron@hotmail.co.uk

**OLD SCHOOLHOUSE, ROBIN LANE,
HIGH BENTHAM LA2 7AB**

Some chainsaw work also undertaken!

Beckside Yarns & Needlecrafts

A Gallery full of fabulous yarns by Norro, Colinette, Debbie Bliss, Rowan, Brigantia, Lang, Louisa Harding, RYC, Gedifra and many more

**Help and advice always on hand
Call 015242 51122**

**www.becksideyarns.com
info@becksideyarns.com**

**Beckside Gallery
Church Avenue, Clapham
North Yorkshire LA2 8EA**

HARRISON & CROSS LTD.

NICEIC APPROVED ELECTRICAL CONTRACTORS

Unit 6, Sidings Industrial Estate, Settle WHAT WE CAN DO FOR YOU!

THE ONE-STOP SHOP

Complete and partial rewires, electrical checks on existing installations. Small appliance testing.

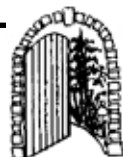
Televisions supplied and installed, aerials erected.

Visit our extensive electrical appliance showroom for Chest Freezers, Larder Fridges, Washing Machines, Tumble Dryers, Dishwashers, Cookers, Microwaves and Vacuum Cleaners.

BRIGHTEN UP YOUR HOME

Our lighting showroom will give you all the latest ideas, we offer a free design service with installation if required.

Telephone: 01729 823423. Email: harrisoncross@cooptel.net



Margaret Wilding

- Garden Design
- Planting
- Garden Advice

Garden Consultation Gift Vouchers
are available . . .

*a green gift with a difference for that
special occasion*

Visit my website to see examples of garden projects:

www.margaretwildinggardens.co.uk

2 Southview, Clapham Road, Austwick LA2 8BE
Tel. 015242 51094 • Mobile 07816 166340

Westhouse Nursery

Rare and pure breed poultry and Garden Centre

We can supply everything the poultry keeper needs, from rare breed hens and cockerels to poultry food and good advice. As a specialist poultry breeder we can provide many breeds.

Our poultry breed village is open to see breeding stock.

Large Fowl: Barnavelder, Crested Cream Legbar, Grand Langshan, Egyptian Fayoumi, Marans, Marsh Daisy, Niederrheiner, Norfolk Grey, Old English Pheasant Fowl, Orpington, Plymouth Rock, Rhode Island Red, Silkie, Sussex, Vorwerk, Welsummers.

Bantams: Araucana, Faverolles, Hamburg, Leghorn, Orpington, Old English Game, Plymouth Rock, Silkie, Sussex, Thuringian, Dutch, Rosecomb, Sebright. Telephone for availability. Closed Tuesdays.

Westhouse, Ingleton LA6 3NJ Telephone. 41878
www.westhousenursery.co.uk

G. KAY BUILDERS Ltd.

- GENERAL BUILDING -

No job too small!

South View • Cross Haw Lane
Clapham • via Lancaster
LA2 8DZ

Mobile: 07805 874937

Home: 015242 51764

Septic tanks

Emptying & Maintenance

P J Richardson

Registered Waste Carrier No. NYK/642908

CLAPHAM, LANCASTER

Telephone 015242 51488

Mobile 07885 462 909

Hatha Yoga

Yoga & relaxation classes in Bentham Town Hall,
suitable for all abilities

Drop in classes cost £4 – everyone welcome
Mats and blocks are provided

Every Tuesday 6pm – 7pm and 7.15pm – 8.15pm
Every Friday 6.30pm – 7.30pm

For more information please visit

www.planey-yoga.co.uk

or contact Sandra on 015242 62248

BOWLAND FELS HEATING and SON

Domestic Servicing and Maintenance of
OIL FIRED BOILERS and COOKERS
(AGA/Raeburn etc.)



Telephone Guy Downing on 015242 41833 or Mobile 07780 708589

9 NEW ROAD, INGLETON LA6 3HL

WILDLIFE AT CLAPHAM

Flowering Snowdrops and Daffodils, singing Mistle Thrushes and drumming Woodpeckers, even a Swallow just outside the local area near Carnforth on New Year's Day, you would think its early spring but no its mid-winter. The down side to the mild winter is that there are very few winter migrants around the local area. Only one small flock of Fieldfares have been seen several times and one Redwing was seen with the Fieldfare flock flying over Clapham Moor near Lawsings Farm – 29th December. The only two Snow Buntings were seen by Simon Greswell, Trevor Davies and Mark Hodgson on the Bowland Knotts as they were going to work on the 24th November.

Four Siskins, one Redpoll and two Crossbills have been seen regularly flying over Ingleborough Hall throughout December and January. Only one Brambling has been seen so far this year at Wenning Hipping with the Chaffinch flock – 2nd January. Two Woodcocks were seen by Wynn Roberts at Ingleborough Hall – 9th January.

Two species of Geese have been seen around the local area recently. Two Pink Footed Geese were seen on the maize field next to Growing with Grace – 10th December and a flock of about thirty European White Fronted Geese were seen landing in a field near Crina Bottom Farm – 2nd January. These could be the same European White Fronted Geese that were seen by the River Ribble near Helwith Bridge at the end of November and they are moving around the local area.

A white-wing tagged Red Kite flew over Hardacre Moss and Newby Moor and then it flew towards the Flying Horseshoe – 27th December. This bird flew in from the west so it could be a released bird from



Weasel

the Grizedale Forest reintroduction scheme.

In the last newsletter I mentioned about a Ringed Dipper I had seen on the river Wenning at Clapham Station on the 11th November, I recently received a letter from the BTO and they said the Dipper had been ringed as a fledgling around the Sedbergh area in 2011, so the bird has travelled about 20-25 miles from where it was ringed to where I saw it on the River Wenning. Dippers don't normally move far from where they were born, another Dipper which was ringed in the Sedbergh area last year was found at Gawthorpe Hall near Burnley a month before I found the one at Clapham.

Four species of owls have been seen and heard calling recently around the local area, these are Tawny Owl, Barn Owl, Little Owl and Long Eared Owl.

*Tim Hutchinson
Smithy cottage*



Jenny M Parker

Bsc (Hons), MCSP, HPC

Chartered Physiotherapist

Specialising in the rehabilitation and prevention of injury



Mobile physiotherapy service offering comprehensive assessment and treatment of joint and spinal problems, sports injuries, respiratory and neurological conditions, all in the comfort of your own home. Cover for sporting events also available.

Please call to discuss your requirements and to book appointments.

Telephone: 015242 51049

Mobile: 07763 047160

This Free Newsletter aims to keep everyone in Clapham, Keasden and Newby in touch with what is happening in our community. It does, however, cost a not insignificant amount to produce, and advertising is a very necessary aid to the finances. An advert costs as little as £3.50 per issue.

For Advertising your products and services, please contact Elga Balmford on 015242 51324

Articles, News and Ideas please for the next issue by **28th March, 2012** to the Village Shop, Lesley Crutchley: lesley@gildersbank.co.uk, Chrissie Bell: ChrisHarte@aol.com, Mike Cornwell: mike-corn@tiscali.co.uk or Ray Hull: ray_rosie@btinternet.com.

Articles submitted but not included in the present publication will be printed in future issues.

Settle Chimney Sweep Services

4 Craven Terrace
Settle BD24 9DB

Supplier of pots, cowl & bird nets

Tel. 01729 823683
Mobile. 07815 285321



Peter Allen

FLOOR COVERINGS

- Quality Pine & Oak Furniture
- Beds and Mattresses
- Karndean Design Showroom

**UNIT 2, SOWARTH FIELD INDUSTRIAL
ESTATE, SETTLE**

Telephone 01729 825122

Open Mon, Tues, Thurs & Fri 10am to 4pm.
Wednesday & Saturday 10am to 12.30pm



A.B. Lund Joinery

*Kitchens – Bathrooms
French Polishing – Furniture Restoration*

NO JOB TOO SMALL

Tel: 015242 41307
Mobile: 07812 586 087
Email: ablundjoinery@hotmail.co.uk

Tooby's ELECTRICAL STORE

21 Main Street, Bentham
Tel. 015242 61259

Ingleton Industrial Estate
Tel. 015242 41224

email: info@toobys.com

Your local supplier
of TVs, Audios and
Domestic Appliances

- SALES
- RENTALS
- SERVICE

**EURONICS
CENTRE**

THE BARBERS SHOP

Welcome Customers Old & New

Opening Times

Monday to Wednesday 9.00 – 5.30
Thursday & Friday 9.00 – 8.00
Saturday 9.00 – 2.00

No appointment necessary

12 CHURCH STREET, SETTLE
Telephone 01729 822888

**BROOK
house**
015242 51580

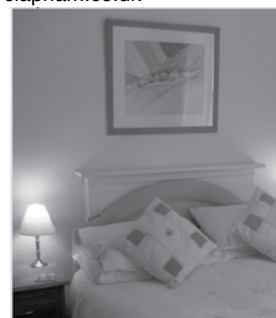


www.brookhouse-clapham.co.uk

Saturday Night Dining

6pm – 8pm
Booking advisable

Here at Brookhouse
we combine rustic
dishes using locally
sourced ingredients
with modern
presentation in order
to provide a truly
unforgettable dining
experience.



**As well as Saturday
night dining we are
often open mid-week –
please give us a ring**

All rooms en-suite.
Prices from £30 ppn.
Licenced restaurant.
Small parties catered
for, from 8 to 30 people
for birthdays etc.
We are Clapham's secret.
Please ring for more
details.

- HELPING HANDS -

If you don't need weekly help but require help
with one-off jobs, I could be the person you are
looking for.

From taking-down curtains, preparing for a guest,
waiting for an important delivery, preparing for
the arrival of workmen and helping get back to
normal when they have gone, help while you
recuperate from an illness, sorting out that over-
flowing cupboard. Help moving-in or moving-out.

Contact Cherry Flitcroft
07969 984182 or 015242 51702