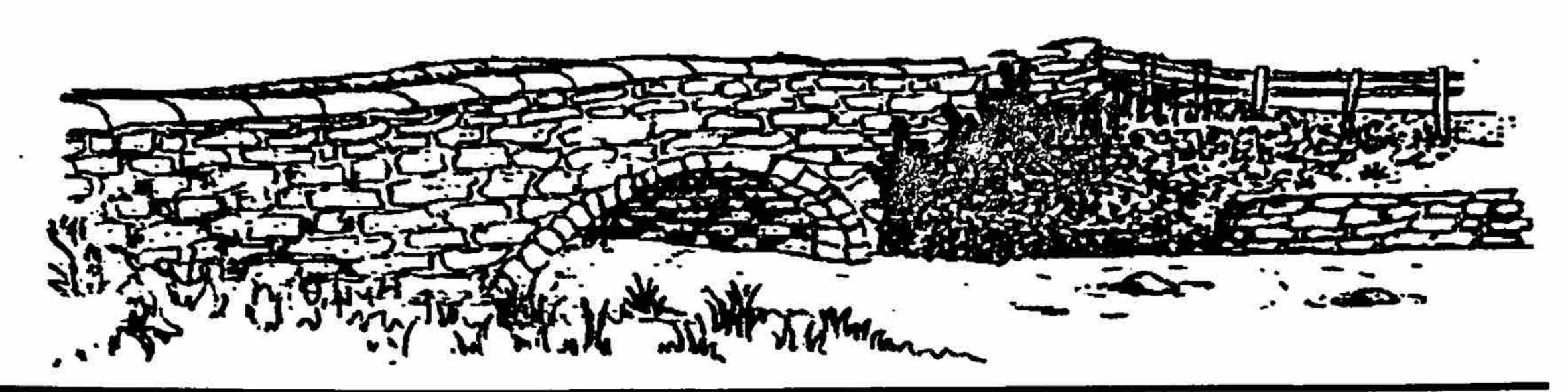
## CLAPHAM & DISTRICT NEWSLETTER



# NEW DEVELOPMENTS AT AGE CONCERN NORTH CRAVEN

There are changes afoot at Age Concern North Craven with new faces, new skills and new services on offer. In January we launched the Home from Hospital scheme. This service is organised by Kath Booth and staffed by volunteers. Its aim is to provide a short-term support for patients returning home after a stay in hospital. It is a free service open to anyone over 65 living in the North Craven area who has visited either Townhead or Bentham surgery. The volunteers will help with shopping, light household tasks, collecting pensions, prescriptions, or simply providing companionship. The service is available for up to 4-6 weeks after returning home. If you know anyone who would like to receive this service then please contact Kath on 01729-823066. We are also on the lookout for volunteers who may be able to offer some time to help and visit as part of this service. The amount of time can be as little or as much as you have available. Mileage and expenses are paid, and training will be given.

In March, we shall be extending our information and advice services when Judy Shadbolt will be joining our team. Judy's role will be to maintain the high level of confidential service which we already offer, and to extend the range and availability of the service. We can help you with money matters, housing and property, health issues, leisure and social activities, family and personal matters, your rights and local services and most other things that affect your quality of life. The service is entirely

free and confidential, and if we cannot tackle a problem, we will put you in touch with people who can. Judy can be contacted on 01729-823066.

In addition, from March onwards, we will be able to offer a professional, confidential letter-writing service to clients. We anticipate that demands on this service will be highest in the run-up to Christmas, but the service will be available all year round to enable clients to keep in touch with friends and relations, as well as to allow them to write more formal letters to businesses and organisations. This service is being offered to our clients by Pat Hartley of Admin24. Pat runs a professional admin/virtual-assistant service, but feels that by offering this letter-writing service she can help to put something back into the community. By using a digital camera, it is also possible to personalise letters by printing photographs of individuals, pets, gardens, etc., in the main body of the letter. This is an ideal way of keeping relations in distant places up-to-date with recent changes. Pat can be contacted via the Age Concern office (01729-823066), and will then come to your home at a time which is mutually convenient. This service itself is undertaken for free, with a small cost to cover materials. such as paper and envelopes. Pat is also willing to undertake other written tasks, such as assisting in putting together a journal or family history.

Meanwhile, on the transport front there are also developments. By the time this goes to press, the replacement minibus will have been ordered and we are hoping that it will be on the roads by midsummer.

#### **CHURCH NEWS**

Easter Services: Holy Week begins April 9th. Monday, Tuesday, Wednesday: Holy Communion at Clapham, 7.30 p.m. Maundy Thursday at Austwick 7.30 p.m. Good Friday: Service at Clapham, 10.00 a.m.

Easter Day: There will be one service in Clapham, Holy Communion at 8.00 a.m., followed by Easter breakfast in the church. Everyone is welcome for breakfast, but please either place names on the form in church, or tell Mrs. Mason or Mrs. Walton that you are coming. There are services on Easter Sunday at Austwick, 9.30 a.m.; Eldroth, 2.00 p.m.; and Keasden 6.45 p.m. April 29th - the 5th Sunday in the month: the United Service is at Clapham, 11.00 a.m. Rogation Sunday is 20th May.



#### AGE CONCERN COFFEE CLUB

First Wednesday of the month, 10 a.m. to 12 noon, £1 including coffee and biscuits.

Mrs. A. Scargill, "A Caribbean April: Catastrophe"

Airedale Community Health May: Council - an open meeting; all welcome Sue Mann, Chief Officer of Age

Concern

"Ladies of a Certain Age"; "4th July:

July"

June:

No Coffee Club August:

Mrs. M. Hemmingway, "A September:

Toss of a Coin"

Mrs. J. Nelson, "Shopping in October:

Lancaster 200 years ago"

November: Mr. P. Marshall, a talk with slides December: "Ladies of a Certain Age display their Christmas Stockings"

For further information, contact Jean Davey

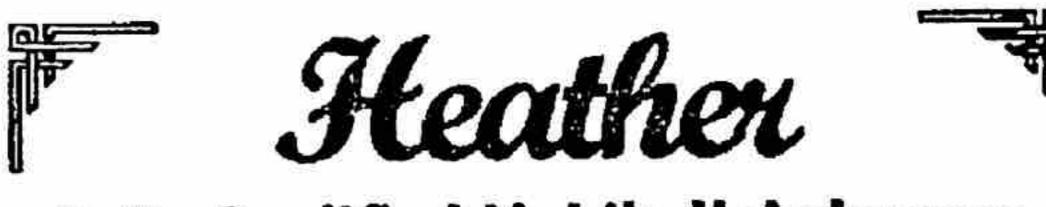
(015242-51321)

## DO YOU REMEMBER WHEN?

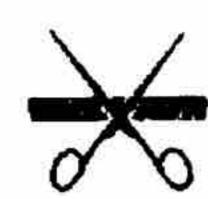
Yes, I mean last summer. In August 2000, Clapham was praised for its attitude towards ten Belorussians who visited us. In summer 2001, a party will come again to the Craven branch of the Chernobyl Children's Project. On 1st March 2001, "Close Up North" on BBC2 featured the charity's work. In June, Linda and David, the organisers from Bolton Abbey, hope to walk the three National Peaks (Ben Nevis, Scafell and Snowdon) for the month-long visit, and once again there will be a "Clapham Day" in August.

What shall we do? Shall we give goody bags again? Can you make a cake for the lunch? Can you speak Russian? (Many Russian speakers helped in 2000.) If you have any ideas, please get in touch.

Janet Raine, Clapdale Way (tel: 51608)



Fully Qualified Mobile Hairdresser



Tel: Ingleton 41148 Mobile: 07967 206578



#### Clapham Millennium Stone

Enclosed with this newsletter should be a leaflet describing the carvings on the Millennium Stone, which now stands outside Clapham Church to reflect the history and characters of Clapham at the turn of the Millennium. The leaflet has been produced by artist Fiona Bowley who sculpted the stone after wide consultation with the people of the Parish. The Parish Council first had the idea for the stone and applied for funding in July 1998, and it was finally unveiled on December 30th 2000 at a well attended ceremony on a lovely crisp winter day. Funding came through Yorkshire Dales Millennium Trust using lottery (£3750) and European (£4406) funds. The Parish put in £44 cash and £840 worth of volunteer time, although this does not truly reflect the efforts of young and old - whether shifting heavy stone, poring over fiddly felt making or racking creaky brains to remember the old stories! David Sharrod

#### THE CAVE RESCUE ORGANISATION

A CRO Land Rover leaving the village with blue light flashing is sometimes the only outward sign that there has been a call-out to Clapham's own emergency service. However, throughout the area team members will be making their way to a road-head rendezvous point, having been alerted by pagers or telephone, whilst others make their way to the Depot to provide essential radio communications and support.

The team attends incidents only at the request of the Police, and provides search and rescue cover for the fells and caves of the Three Peaks area, extending from Malham and Gordale westwards onto the Leck and Casterton fells. Not all call-outs are emergencies but the information received is often misleading, and until the team arrives on scene it is hard to know whether the reported broken finger is, in fact, a broken femur!

The CRO ceased being a pure cave rescue team many years ago, and today rescues more injured holidaymakers and fell walkers than it does cavers. Calls are also received to retrieve sheep and lambs from potholes, adventurous dogs from tight holes, and to assist mountain bikers and parapentists who have come to grief on landing.

Although relatively infrequent (12 out of 55 incidents last year), cave rescue is often the most demanding on time and resources. A major incident can begin with a call-out in the middle of the night (sorry for any disturbance!) and extend throughout the following day. Twenty to thirty rescuers (all volunteers) can be involved, supported by the Ambulance, Police and Fire services, and RAF rescue helicopter from Leconfield. Farmers will provide tractor or quad bike transport across rough terrain, whilst the Village Store supplies extra bread, soup, and Mars bars.

The work doesn't stop with a casualty being taken to hospital; endless amounts of rope

(we have 2.7km), karabiners, pulleys, bags, medical and communications equipment etc. have to be washed, dried and repacked over the following days, vehicles have to be cleaned and refuelled, and reports written. Every Wednesday night will see members at the Depot training, attending committee meetings, or carrying out all the essential maintenance jobs necessary to ensure a 24-hour 365-day readiness.

Visitors are more than welcome to look round the Depot; just call in any Wednesday evening after 7.30 p.m. The CRO is a registered charity, and relies heavily on donations and collecting tins to meet its annual running costs.

Tom Redfern

#### WHY "EGGSHELL" LANE?

In the recent article in the Craven Herald (5 Jan 2001) reporting the unveiling of the Clapham Millennium Stone, which wonderfully depicts village life past and present, mention was made of Eggshell Lane. Having lived in Eggshell Lane for two years now, I find that the question most frequently asked by visitors, passers-by and correspondents is: "What a wonderful-sounding address, but where does Eggshell come from?"

We have heard that the lane was used for the passage of Cistercian monks travelling between Fountains and Furness Abbeys. So it was an Ecclesiastical Lane. Newby Cote sent its fleeces to Furness. The Manor of Newby belonged to Furness Abbey, and wool traffic would have moved back eastwards to the North Eastern ports in the 13th century. Grants of passage were agreed between monastic owners and it is possible, but not certain, that the Furness to Fountains route, which continued through the top of the village along Thwaites Lane, may well have been used for this trade.

With reference to, and in comparison with, various Place Name dictionaries, other possibilities occur. As with "ecclesiastical',

they all rely on you slurring the letters together, as the passage of time has done with so many place names. From Old Norse, which provides many place names in the area, there is the possibility of 'eski' - ash trees, and 'skali' - a field or shiel, giving you 'eskiskali', or the lane by the field with ash trees. Also from Old Norse, we find 'eisa' - rush of water, and 'skjallr' - resounding, giving 'eisaskjallr', or the lane to the resounding rush of water, which might be the waterfall at the top of the village.

For places like Eccleshill, it is unclear whether the name comes from the Old English 'ecles hyll', which is Church Hill, or whether the hill belonged to someone called Ecca or Ecga, both popular names at the time, giving Ecca's Hill. The last word to throw into the melting-pot is the Old English 'scylf', a bank or shelf. Was it the lane beside Ecca's scylf, or Ecca's bank, which would make sense with Bank Wood at its top?

Any definite answers or alternative theories to the Newsletter please.

#### Sources:

Roads and Trackways of the Yorkshire Dales, Geoffrey N. Wright The Concise Oxford Dictionary of Place Names Yorkshire Dales Place Names, Robert Gambles Gus Stewart

# CLAPHAM VILLAGE STORE & POST OFFICE

Offer a friendly service

This shop is open
Mon-Fri 7am/6.30pm, Sat & Sun 7am/5pm
Post Office hours - 9am/5.30pm Mon to Fri
9am/1pm Wed, 9am/12.30 Sat

Julie and Paul are pleased to announce that in addition to their new Post Office facilities, they can now offer Dry Cleaning/Laundry and Film processing services.

We also have a selection of groceries, green grocery, frozen food, bread, pies & cakes, newspapers, videos, confectionery, cards & stationery available.

Off Licence

015242 - 51212

# David Ritchie, former Newby resident, writes from MOYA, Spain MARCH 2001

The other evening whilst watching the BBC news on satellite, we heard about the problems caused by the current Foot and Mouth epidemic. I felt I just had to 'phone my good friend Brian Staveley who farms in Newby. I just could not sit here, just over one thousand miles away and not at the very least offer some words of support.

Up until last October, my wife Anne and I lived in Newby plus Ollie-dog and the two cats. I remember the daily walks with Ollie-dog across Newby Moor, the sheep freely moving through the village at gathering time. Annie and I often used to spend the few summer evenings on the patio just outside our door where we would have dinner and share wine and chat with any who passed. Gary on his tractor mowing the green, the summer 'Sports Day' organised by Frances and Jean and later in the evening, dancing. All in all it was idyllic. Surely this was the quintessence of an English village.

Last week when I 'phoned Jean Davey (Councillor of this Parish!!) and Brian what a different picture they painted. The community spirit was still there, people concerned for each other, but village life as I knew it had been shelved for the duration of the Foot and Mouth outbreak. Dogs on leads and only on the roads, the moor closed, no visitors so the surrounding B&Bs and hotels were empty. The epidemic seems to be knocking at the door albeit a door a few miles away. Interestingly, the other day in a supermarket in Velez-Malaga (our local shopping area) I met a farmer's son from Cumbria. He was staying with friends who have a house here in Spain and he couldn't get home. So instead of staying in an hotel in England he came back to stay with his friends. . It seemed to me that a cloak of depression hung over all.

I am no wiser than anyone about the causes of this situation or on whether or not the actions taken to contain the outbreak are or have been sufficient. But one thing I do know is that the outbreak will pass and Newby will get back to normal. The Newby people will make it back to normal and this will happen through the community spirit that is Newby.

It is now nearly six months since Annie and I

came here to live. The winter was wet and cold. There have been probably fourteen or so cold wet days in the whole of the last six months but boy, when it rains, it rains! With the springtime the flowers are coming into bloom. Jasmine covers our terraces and our lemon tree is about to break into bloom. The figs are forming on the fig trees and the pomegranate trees are now in leaf and soon to bloom. The almond blossom is just past and the pear and quince trees are laden with flowers. The other day it was 30 degrees on our top terrace. Ollie-dog still lives, very wobbly on the back legs and deaf as a post but still happy with life. The cats have settled in and Thomas has become a loving cat compared with his 'macho' image in Newby. There is a downside of course. Spanish bureaucracy is the 'pits'. Nothing happens except at a geriatric snail's pace. For instance, we bought a 4X4 from a contact in Andorra and the import/changing to Spanish plates takes ten days (we were told!). We are now into the fifth week and we are about ten days off completion. It took three months to get a second 'phone line for the fax. You get used to it but we do miss things happening properly.

This year sees a momentous event in Newby, 150 years of birthdays and Annie and I are coming to join in the celebrations. We arrive in Newby on the 8<sup>th</sup> June and leave on the 12<sup>th</sup>. We do hope to see many friends.

#### Growing with Grace - Organic Nursery

St. Valentines Day 2001 dawned with clear blue skies and brilliant sunshine - a perfect start to the official opening of 'Growing with Grace' at Clapham Nurseries. About 50 people came to celebrate the nurseries gaining full organic status with the Soil Association, and have a guided tour of the glasshouses. The infant class at Clapham C.E Primary School had all helped to decorate a large heart-shaped carrot cake, with a mouth-watering array of marzipan fruit and vegetables. Thelma Barlow (the actress and experienced organic gardener) had kindly agreed to perform the official opening, and cut the cake to mark it, with Moppet, mascot of the infant class, looking on! Thelma then signed copies of her book on organic gardening, while other guests had a tour round the site and others visited the shop. For the members of 'Growing with Grace' it was a special day - they send a big thank you to all who were able to come and offer a couple of

recipes for all to sample.

#### **Passion Cake**

The official celebration cake of the opening!

2 medium eggs

225g caster sugar

180ml sunflower oil

1/2tspn vanilla essence

140g tinned pineapple, drained and finely chopped

140g grated carrot

170g self-raising flour

Pinch of salt

1 tspn ground mixed spice

1/2tspn cinnamon

100g chopped walnuts

1 tbspn icing sugar

- 1. Prepare a deep 20cm cake tin brush with a little oil and line the base with greaseproof paper.
- 2. Pre-heat oven to 180C/350F/Gas mark 4
- 3. Beat the eggs with the caster sugar, then stir in the oil, vanilla, pineapple and carrots.
- 4. Sieve together the flour, salt and spices. Fold into the carrot mixture.
- 5. Fold in the walnuts then turn the mixture into the prepared tin.
- 6. Bake in the middle of the oven until the cake is risen and golden it should take about 45 minutes. When done it will spring back if pressed lightly in the middle.
- 7. Cool on a wire rack and serve dusted with icing sugar.

NB It can be frozen for up to a month - it also keeps well for up to 5 days ...... but it probably won't last that long.

#### Celebration Spiced Fruit Punch

Many people asked for the recipe, so here it is!
All the ingredients for it are available at The
Organic Shop, Clapham Nurseries.

1 bottle of Mixed Berry Cordial

1/2 a 250ml bottle of concentrated Apple Juice

4 litres of water

1 orange - sliced

1 lemon - sliced

l apple - sliced

1 cinnamon stick

Cloves - stuck into apple

A large piece of fresh root ginger - sliced

Put all the ingredients into a large pan and heat gently for at least 2 hours - alcohol can be added if desired!

#### **WATER SUPPLY**

The major construction work going on at present to provide Keasden with a new water supply turned our thoughts to the history of the water supply in the parish.

Since 1908, Keasden supply has originated from Bullocks Spring way up on the moors beyond all the farms, never seeing the light of day until it flowed out of the taps. It was piped from the top of Keasden as far as Clapham Station and the Flying Horse Shoe. Steam locomotives used the supply to fill up when the trains stopped at Clapham. The Flying Scotsman was a regular user of the water. The supply has served the Keasden community well, and they are loath to lose it, but new regulations have forced Yorkshire Water to install the new system because they cannot guarantee that the present supply will be free of harmful bacteria. We can only hope that the new supply will be as reliable as the old, and the inconvenience caused by closed roads will be short-lived.

Before 1971, Clapham received its water from the lake above the village, and pipes ran as far as Lanshaw Farm and Slated House at Eldroth. The beck had been dammed in the 1820s to form the lake, which at that time was considered a fashionable thing to do. In 1883, the water supply from the lake was installed. A new turbine was installed in 1907 to produce electricity for the sawmill during the day, and at night for Ingleborough Hall, where the family lived, the Church, Home Farm, Hall Garth and thirteen street lamps. The system worked well in summer, but in winter electricity was needed for everything at once for part of the day, so a big room full of batteries was installed to cover the period of increased demand.

A system of filters was installed to clean the water. On leaving the lake, the water was filtered first through sand, then pebbles, coke and perforated flagstone, then back through another layer of coke, pebbles and sand. A layer of algae formed on the sand, which purified the water.

In 1971, Craven Water Board took over the supply and, on privatisation, Yorkshire Water assumed responsibility.

E.P. With thanks to Dr. Farrer for information



# ESTATE AGENTS CHARTERED VALUATION SURVEYORS

We provide advice on all types of property transactions including the sale of rural properties and the development of Land and Buildings.

Lancaster (01524) 68822 Morecambe (01524) 417272 www.fisherwrathall.co.uk

e-mail: property@fisherwrathall.co.uk

The Old Warehouse, Castle Hill, Lancaster 17 Princes Crescent, Morecambe

#### **CLAPHAM TENNIS CLUB**

The new season will begin at Easter, when subscriptions can be paid and new keys for the court can be obtained from E. Mason, "Clareson", Cross Haw Lane. Subscriptions for the coming season are:
Family Membership £25.00
Adult Membership £12.00
Junior Membership £5.00
For each player playing, will existing members please return last year's court key when renewing their membership. We hope for a good summer, with plenty of good tennis.

New members welcome.



## A trip to the antipodes.

Six weeks pedalling around New Zealand (mainly on South Island) was a good way to avoid the vagaries of the English winter weather and the disastrous news of foot and mouth disease.

Starting from Stewart Island in the very south east we made our way up the west coast to Cape Farewell in the north west, and then back through the beautiful Abel Tasman National Park area to Picton, to get the ferry to North Island an island of thermal activity and Maori culture, having cycled almost 1,300miles on the way.

There were plenty of hills but the gradients were gradual, so that even with a loaded bike it was possible to ride most of them. The west coast of South Island is one of lush rainforest vegetation which usually indicates heavy rainfall, but this year was an exception, with dry sunny weather providing almost drought conditions in some places. Good for holiday makers, not so good for the farmers and the strong winds made bush fires a serious possibility, they also made for hard cycling conditions in the southern half of the island.

Another spectacular feature of south island is the Sounds, the inlets from the sea. usually wider than fjords, but with hills or mountains on either side. Milford Sound is probably the best known, but we had a wonderful day sailing in and around Doubtful Sound soaking up the wonderful views, plus close ups of many seals, leaping, playful bottled nosed dolphins, and sea lions. Add to this sunshine and you have the recipe for an idyllic day. In the Abel Tasman area we were able to spend yet another day on water, this time with the mail boat, delivering mail and goods to outlying homesteads without road access. Beautiful sandy coves, often strewn with sun bleached, interestingly sculpted driftwood, unusual coastal rock formations all add to the attraction of New Zealand, but

not least is the friendly, helpful, nothing too much trouble attitude of the New Zealanders. Always interested in what we were doing; some thought we were quite mad others envious of our fitness.

The photogenic Mount Cook, and if you are lucky its wonderful reflection in Lake Mathieson, plus the two glaciers, Fox and Franz Josef certainly keep Kodak in business! For those who like a rush of adrenaline, there is always bungy jumping, jet boating, white water rafting, tandem sky diving, to name but a few activities available. Walking in the bush amongst the giant fern trees, poker straight, tall Kauri trees and the bright red blooms of the Rata trees is another favoured option.

wish to camp or use backpackers hostels etc. so used a variety of accommodation, the best of which was staying with local people who were happy to share their homes and local knowledge with us. Motels are usually of a high standard, units comprising en suite facilities and d.i.y. cooking facilities, but lacking contact with the locals. We met people of many nationalities, a lot from Britain, Germany & Holland, without exception all enjoying New Zealand. Disadvantages? Yes! The 24 hour flight and the sand flies, which abound on the west coast. Minute creatures but packing a mighty bite. At one stage we were so badly bitten and scratching furiously it was difficult to know what to apply first, the sun cream, repellent or anti- histamine cream. If you are out all day as we were, a high factor sun cream is essential. If you have any doubt about the hole in the ozone layer, New Zealand is probably the place to allay those doubts. The sun is very powerful, with burning time as low as 10/15 minutes. Although extolling the virtues of New Zealand I'm sure lots of you will agree that the Dales also have a lot to offer, and for me, a ride through Dentdale and Barbondale can equal scenery anywhere in the world. On a

If anyone is contemplating a trip to New Zealand and would like a chat, we'd be happy to oblige.

good day that is!

WANTED An exercise bike. Please 'phone 51603

#### **BIRDS IN CLAPHAM**

Against the gloomy background of Foot and Mouth and the effect it has had on everyone in the parish it seems almost perverse that we have had long periods of beautiful crisp clear winter days since Christmas, and that spring is now upon us. The natural world just keeps rolling along, and all of our resident birds that survived the winter are now in full song, getting on with breeding before the return of those that took the other gamble and migrated. One truly winter sight seen by Jess Hart was a stoat in full white coat on the Allotment February 7th - the same day she saw 15 returning Golden Plover and a singing Skylark! The backend of winter saw a lot of local movement of waders and wildfowl. Over a hundred Pinkfooted Geese flew low over Meldingscale Farm on February 2nd and continued west down the Wenning valley, and a couple of Greylag geese flew over Newby towards Ingleton on the 21st. A Shelduck was on flooded fields at the same farm same day, whilst the lake in Clapham had various visitors – a pair of Goosander February 16th, Cormorant 22nd and two Pintail March 19th. Waders were already moving back inland - 8 Lapwing by the Greenhouses January 19th had become large flocks at Newby Moss, Crook Beck and Crina Bottom by February 21st. Early records were a Curlew calling over the Hall January 29th, Oystercatcher calling at night as they flew north over the village February 22nd, and a Redshank at the Lake March 19th. Finches were of interest – a Goldfinch in full song opposite Marton House February 1st contrasted with a wintering Brambling still on the nature trail with Chaffinch eight days later, and good mixed flocks of Siskin and Redpoll knocking about the parish - usually on alder cones throughout the period. Sadly Redpoll are just the latest of our common birds to be reported as being in serious trouble, with a 90% decline in the last 10 years.

One of the few paths open at the time of writing is the nature trail in Clapham village. A dusk walk now gives as much to hear as to see – Cheerfully noisy Rooks collecting sticks, Great Spotted Woodpecker drumming in at least three sites, Tawny Owls doing their nut and Woodcock "roding" over the tree-tops.

Records by Tim Hutchinson, Smithy Cottage

## **Pudding Party**

The Pudding Party held in the village hall on Wed.28th March was both a social and financial success, raising £292, ensuring the future of our Newsletter. Many thanks to the people who supported the event, thanks also to those who supplied the delicious puddings. Thanks are also due to the members of The Bethel Chapel and to several other individuals for their donations.

#### Sylvia Haxell

This Free Newsletter aims to keep everyone in Clapham, Keasden and Newby in touch with what is happening in our community.

This periodical does, however cost a not insignificant amount to produce and advertising is a very necessary aid to the finances.

For Advertising your products and services, please contact:Sylvia Haxell on 015242 51603 - Rates £3 per issue or £15 for six
Articles, News and Ideas PLEASE! for the next issue by 25th May 2001
to the Village Shop or Liz Walton, Rosemary Jenkins, David Sharrod.
Articles submitted but not included in the present publication will be put
in future newsletters.

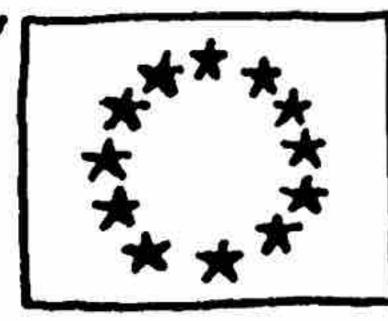
## THE MILLENNIUM STONE MAP WAS PRODUCED WITH THE HELP OF THE PEOPLE OF CLAPHAM THROUGH COMMUNITY WORKSHOPS AND FUNDED BY



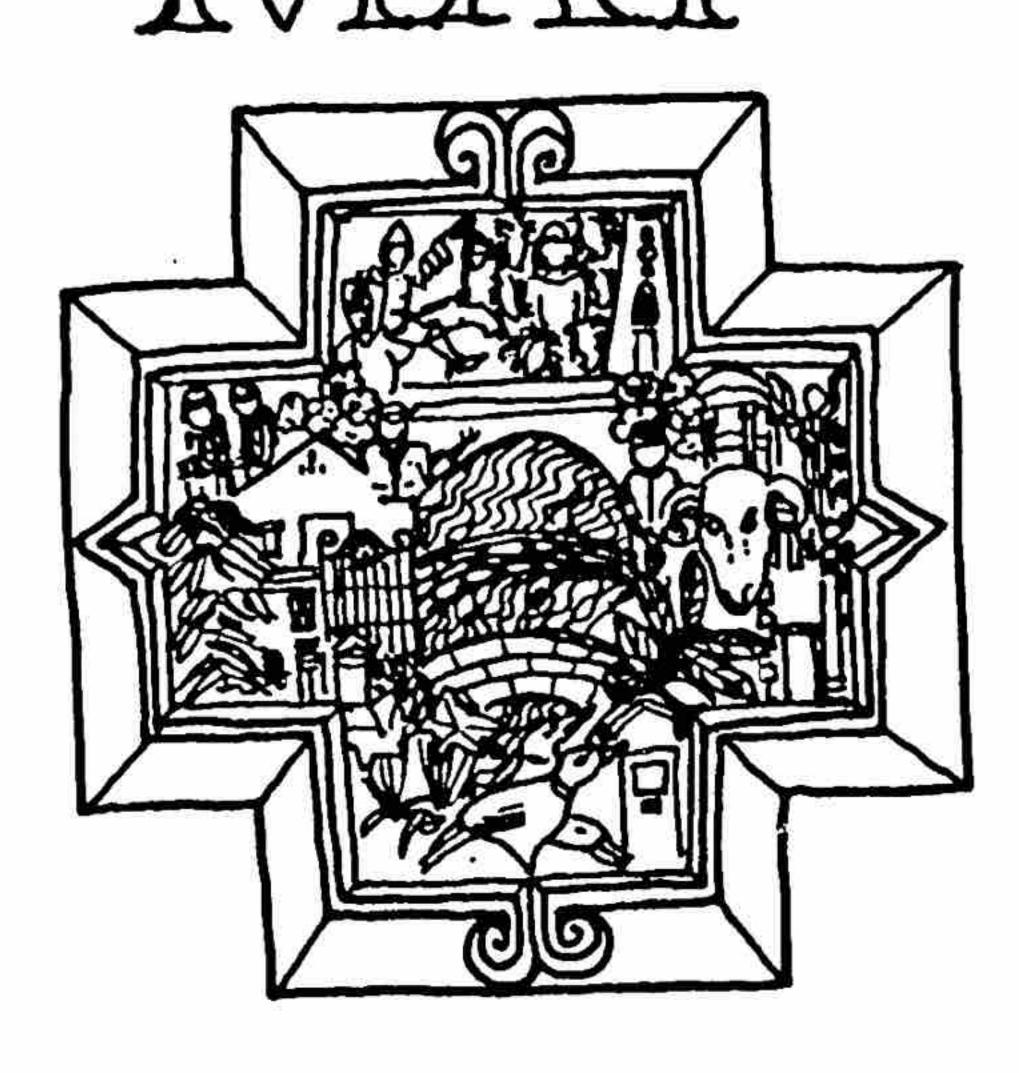




European Regional Development Fund



# THE CLAPHAM MILLENNIUM MAD



CARVED BY FIONA BOWLEY IN 2000A.D.

UNVÉILED BY DR. J. FARRER 30 DECEMBER 2000.

